



Different Perspective Training Ltd.

Pragmatic First Aid & Outdoor Safety Training

First Aid Training for Schools Programme Outline 2024





An Introduction

Who are we & what do we do?

At Different Perspective Training Ltd. we specialise in delivering engaging and memorable First Aid, Mental Health and Outdoor Safety Training. Our flexible training programmes are always tailored to meet your needs and those of your workplace. We can support your staff by delivering bespoke training at your site, focussing on your specific working environment, or your staff can join our Public Training Courses that are open to all.



Our company roots have been forged in developmental pedagogy, with over 20 years' educational experience in teaching, outdoor education, and expedition leadership. Encouraging people to challenge themselves and learn is our passion. This long history in education and training has given us a firm belief in what we do, how we do it, and is centred on the core principle that support and care of others should not just be a responsibility within workplace or whilst working, but beyond it, in every walk of life. This is what we mean when we say, "Our training is proudly delivered *For Your Workplace and Life Outside It*".

Our Training & Consultation Programmes

- **First Aid Training:** the practical skills needed for schools, the workplace or those heading outdoors, embedding concepts into actions for better understanding and recall when it really matters.
- **First Aid for Mental Health:** empowering delegates to support those in crisis as well as those seeking guidance or advice.
- **Off Site Risk Management & Policy Consultation:** the legalities behind working off-site, turning the complicated hoops into simple steps.
- **Occupational Water Safety Training:** designed in line with the requirements of industry to ensure organisations meet their statutory obligations to keep staff operating in, on or around water safe.

Different Perspective Training First Aid Programmes for Schools

Different Perspective Training Ltd offer a unique range of First Aid Training Programmes for your organisation. At every opportunity each course is tailored to meet your first aid needs creating a truly bespoke training programme for your employees. In 2013 the HSE handed over governance of first aid provision to OfQual and the onus of training programme selection to the employer. This has subsequently freed employers from the strictures of the traditional HSE Workplace First Aid Courses and allows them to select which course is most suitable for their workplace and working environment.

Aims

- To create a safe learning environment where learning is natural, and skills development is exciting.
- To focus on 100% practical courses with delegate knowledge assessment through continual monitoring rather than MCQs.
- To develop knowledge and understanding of First Aid and Emergency Response Procedures.
- To empower delegates with the confidence to assess and react to an incident within their training.
- To develop skills that are relevant to their workplace and which can be adapted to meet different circumstances and environments.
- To encourage further study and promote the value of continuing professional development.



First Aid for Schools & Colleges Courses

Introduction: Both the European and UK Resuscitation Councils release updates every 5 years driven by changes in medical care and first aid, both prehospital and hospital based. The latest update was in 2021, which, among other things, increased the child (now young person) resuscitation protocols in age range to 18. This therefore means that a First Aider would be expected to implement the same Paediatric First Aid protocols that would have been the sole reserve to a prepubescent casualty, now to any casualty under 18.

The outcome of this led to the Department for Education updating the guidance document *First Aid in Schools, Early Years and Further Education* (2022). This guidance not only outlines the statutory need to provide first aid for employees under the *Health and Safety (First Aid) Regulations 1981*, but it also strongly recommends that provision is also made for non-employees such as pupils, students, and visitors. By pushing for the inclusion of students into these recommendations and in the light of the new Resuscitation Council guidelines, there was a need to adapt school (especially secondary schools) First Aid training programmes to include the new Paediatric Protocols, without sending staff out on paediatric specific courses. From these developments, the two new regulated First Aid for Schools & Colleges courses were developed gaining OfQual regulation and Level 3 Award status.

Level 3 Award in Emergency First Aid for Schools & Colleges (EFASC) - 6hr

Description: Aimed at staff working in schools or colleges but not with early years children (EYFS 0-5), this OfQual regulated qualification has been designed to include the new Paediatric Protocols and support schools and colleges meet their statutory needs, where they have previously had their staff undertaking Emergency First Aid at Work training.

Specific Content: Roles and responsibilities of first aiders in schools and colleges; dealing with unresponsive adult and child casualties (both breathing and non-breathing); seizures; choking; blood loss.



Level 3 Award in First Aid for Schools & Colleges (FASC) - 12hr

Description: Designed for staff with more responsibility of care for the students and other staff whilst working in schools or colleges (not EYFS 0-5), this qualification helps educational establishments meet their need for provision of first aid cover. This qualification covers both adults and children, including the Paediatric Protocols for young people up to 18, where standard First Aid at Work qualifications fall short and do not include Paediatric First Aid. As with the 6hr EFASC, this new qualification has taken the appropriate content from both FAW (18hr) and PFA (12hr) to produce a two-day, 12hr course appropriate to the school/college context, whether this is for on-site activities inside the buildings, or outside on the playground, on the playing fields, in the sport hall, or out on educational visits.

Note that this is a 2-day course rather than a 3-day course, meaning less time out of school with the requirement for provision of cover and is held in the same regard as the FAW course, in a School or College context!

Specific Content: Roles and responsibilities of first aiders in schools and colleges; dealing with unresponsive adult and child casualties (both breathing and non-breathing); seizures; choking; blood loss; limb, spine, head and chest injuries; burns and scalds; eye, ear and nose issues; poisoning; anaphylaxis; major illness; cold and heat problems and minor injuries.

Paediatric First Aid Courses

Introduction: These Regulated courses are the expected standard for staff working with young people in the Early Years Foundation Stage setting.

Level 3 Award in Emergency Paediatric First Aid (EPFA) - 6hr

Description: Aimed at staff working with young people in the Early Years Foundation Stage setting, this qualification indicates an individual can undertake the role of first aider in a position that has responsibility of caring for infants and children. It may also have been identified as necessary by a workplace risk assessment. The qualification will benefit all who spend time in the early years' environment and with young children.

Specific Content: Planning for and dealing with first aid emergencies involving babies and children including CPR & AED use; shock; anaphylactic shock; bleeding; choking; seizures.



Level 3 Award in Paediatric First Aid (PFA) - 12hr

Description: Designed for staff working with young people in the Early Years Foundation Stage setting who have an increased level of responsibility with regard to the care and welfare of the students, both infants and children. The qualification introduces the techniques, skills and decisions that will be needed by the childcare practitioner in the



British Isles. The skills and knowledge will be taught in a realistic childcare context. The award has been designed to fulfil the need for effective paediatric first aid training set out in The Early Years Foundation Stage Guidance. It may also have been identified as necessary by a workplace risk assessment.

Specific Content: Planning for and dealing with first aid emergencies involving babies and children including CPR and AED use; shock; anaphylactic shock; electric shock; bleeding; burns and scalds; choking; suspected fractures; head, neck and back injuries; poisoning; foreign bodies in eyes, ears and noses; eye injuries; bites and stings; effects of extreme heat and cold; febrile convulsions; chronic medical conditions, including epilepsy, asthma, diabetes, meningitis and other serious sudden illness.

Bespoke First Aid for Teachers

Target Group: Staff working with and caring for young people in or beyond an educational setting.

Prior Learning: None.

Description: This course has been specifically designed to include all the common illnesses and injuries facing young people today and therefore includes Asthma, Anaphylaxis, diabetes and epilepsy.



Workplace First Aid Courses (prev. HSE Courses)

Introduction: These OfQual Regulated courses are designed to provide essential life-saving skills within the workplace. More widely recognised, these qualifications are the industry standard for those working in everyday workplace environments, such as office, factories or worksites. These qualifications are becoming somewhat superseded in atypical workplaces such as farms, estates and rural locations with courses such as Outdoor First Aid and in schools, with the new First Aid for Schools & Colleges. Typical delivery methods are predominantly practical, and the course is assessed by continual observation of candidate performance.

Level 2 Award in Basic Life Support & Safe Use of a Defibrillator (BLS-AED) - 4hr

Description: Aimed at employees needing an annual Adult CPR refresher course or those wanting to learn essential BLS skills, this qualification introduces basic life support skills and knowledge in an engaging manner and is taught with the workplace context in mind, providing plenty of opportunity for skills development, practice, and application of appropriate procedures.



Level 3 Award in Emergency First Aid at Work (EFAW) - 6hr

Description: Aimed at employees working within a small office environment, the qualification introduces emergency life support skills in the context of a work setting. The training delivery will allow plenty of opportunity for skills development, straightforward practice and application of appropriate procedures. This qualification satisfies the statutory HSE obligations of the employer for smaller and low risk workplaces.

Specific Content: Vital signs; incident management; airway management; cardiopulmonary resuscitation (CPR); safe use of an Automated External Defibrillator (AED); choking; burns, bleeding control & shock; minor injuries; current regulations & record keeping.

Level 3 Award in First Aid at Work (FAW) - 18hr

Description: Aimed at employees working in a larger organisation or site with increased exposure to risk due to the nature of the employment as identified by a workplace risk assessment or First Aid Needs Assessment. The qualification introduces emergency life support skills in the context of a work setting as well as managing injury and illness in the workplace. The skills and knowledge will be taught with the workplace context in mind and should



provide plenty of opportunity for skills development, straightforward practice and application of appropriate procedures. This qualification satisfies the statutory HSE obligations of the employer.

Specific Content: Vital signs; incident management; airway management; cardiopulmonary resuscitation (CPR); safe use of an Automated External Defibrillator (AED); choking; burns, bleeding control & shock; common & serious workplace injuries; poisoning; major illnesses including Anaphylaxis; eye injuries; current regulations & record keeping.

Level 3 Award in First Aid at Work – Requalification (FAW-R) - 12hr

Prior Learning: Valid & In-date FAW Qualification.

Description: Replicating the 18hr FAW Qualification in content and delivery style, this OfQual regulated 2-day requalification course, is aimed at employees working with a larger office-based organisations and is shorter due to the supporting evidence of background knowledge and previous understanding.

Other First Aid Courses

Level 3 Award in Outdoor First Aid Emergency Action - 8hr

Description: This 8-hour course is aimed at staff working in rural settings where help is available but can be delayed. Tailored for those working somewhat remotely such as school visit leaders and agricultural or horticultural staff working with large animals or machinery.

Level 3 Award in Outdoor First Aid - 16hr

Description: Tailored for people venturing outside either for work or pleasure to more remote settings where help and assistance can be protracted, this course is the industry standard for outdoor professionals in the UK and is perfect for agricultural staff, rangers and wardens working in rural settings, school site staff, DofE managers & field trip leaders. Training is delivered predominantly outdoors and in a practical methodology. Different to Workplace First Aid courses, our Outdoor First Aid courses are designed to provide outdoor incident management skills and will satisfy the first aid requirements for instructors with most of the outdoor industry National Governing Bodies.



Level 3 Award in Forest Schools First Aid - 16hr

Description: Aimed at staff working with young people in the Forest School setting and following the same format as the Outdoor First Aid qualification, this course is tailored specifically to meet the needs of the Level 3 Forest School Leader, working remotely in UK woodland with young people in a Forest School setting. Including child and infant first aid protocols, this course meets the updated 2021 Resuscitation Council guidelines for Paediatric First Aid.



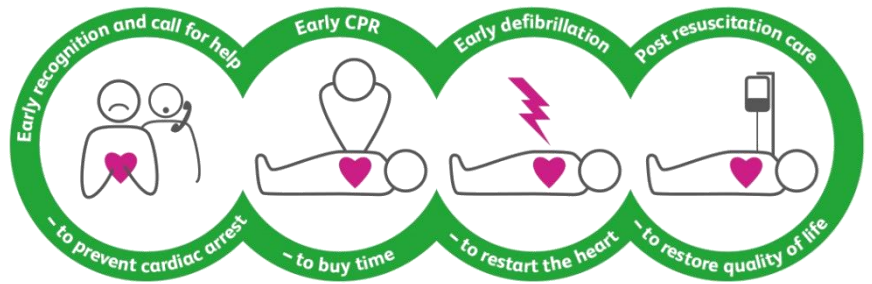
Costs & Value for Money

Our costs are established at a base rate of **£525/ day or £75/hr + £25 set-up fee.**

- This cost includes certification of a course of 12 delegates. Further certification, for multiple short courses delivered in any single day or dual certification is costed at £25/ certificate.
- This cost does not include any foreseeable and reasonable expenses, such as venue hire or accommodation, always agreed in advance.

Value for Money through Composite Training

We specialise in delivering cost effective solutions to staff training through Composite Training; delivering a two- or three-day programme such as the 16hr Outdoor First Aid or 18hr First Aid at Work and having others that need more basic training programmes in on the earlier, relevant sessions. For example, we can deliver to 12 candidates/ trainer, therefore the delivery of a three-day FAW programme can look like this;



Day 1 - 8hrs, 0900-1800,

- 4x EFAW candidates (6hr, 1-day, workplace programme)
- 3x OFA candidates (16hr, 2-day, outdoor based programme)
- 5x FAW candidates (18hr, 3-day, workplace first aid programme)

Day 2 - 8hrs, 0900-1800,

- 3x OFA candidates
- 5x FAW candidates

Day 3 - 2hrs, 0900-1100,

- 5x FAW candidates

Having multiple candidates in on the course positively impacts training by having more patients to practice on as well as in increased and more diverse pool of experience & prior learning. If staff needed shorter days, this would be easily organised by merely extending day 3!

This entire training package would simply be billed at 3x our daily rate (**£525/day**), **£1,575**, which is less than the cost of sending 5 staff members out for their three-day FAW training course with other well-known national providers!

Open/ Public Courses: 1-day courses **£105pp**, 2-day courses **£155pp**, 3-day courses **£225pp** & includes certification and manual. See www.DPTrainingUK.com/training-events for upcoming course dates and venues.

Please do get in touch to discuss these options further.



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