

## Health & Safety Policy:

- Risk-Benefit Evaluation -  
Outdoor Focused Programmes

### Who are we & what do we do?

At Different Perspective Training Ltd. we specialise in delivering engaging and memorable First Aid, Mental Health and Outdoor Safety Training. Our flexible training programmes are always tailored to meet your needs and those of your workplace. We can support your staff by delivering bespoke training at your site, focussing on your specific working environment, or your staff can join our Public Training Courses that are open to all.

Our company roots have been forged in developmental pedagogy, with over 20 years' educational experience in teaching, outdoor education, and expedition leadership. Encouraging people to challenge themselves and learn is our passion. This long history in education and training has given us a firm belief in what we do, how we do it, and is centred on the core principle that support and care of others should not just be a responsibility within workplace or whilst working, but beyond it, in every walk of life. This is what we mean when we say, "Our training is proudly delivered *For Your Workplace and Life Outside It*".

### Training & Consultation

- **First Aid Training:** the practical skills needed for schools, the workplace or those heading outdoors, embedding concepts into actions for better understanding and recall when it really matters.
- **First Aid for Mental Health:** empowering delegates to support those in crisis as well as those seeking guidance or advice.
- **Off Site Risk Management & Policy Consultation:** the legalities behind working off-site, turning the complicated hoops into simple steps.
- **Occupational Water Safety Training:** designed in line with the requirements of industry to ensure organisations meet their statutory obligations to keep staff operating in, on or around water safe.

## 1. Introduction

- 1.1. This document is an evaluation of the foreseeable risks that are outside the experiences and risks met through "normal daily life"
- 1.2. This document aims to outline the benefits that exposure to these risks will bring, through participation in Scenario Based Training activities and recommend control measures for these foreseeable risks.
- 1.3. **Different Perspective Training Ltd.** staff will follow and work within the context of this Risk-Benefit Evaluation. Our trainers will also constantly and dynamically monitor these risks, and where necessary, alter plans when and where necessary for the safety of the group.
- 1.4. Each venue and course have their own hazards and will be assessed on the day using the Site-Specific Risk Assessment Proforma document, #HSRBE9c.
- 1.5. **Different Perspective Training Ltd.** will provide supporting rationale if a decision is made by the trainer to not deliver training on health and safety grounds.
- 1.6. **Different Perspective Training Ltd.** will require supporting rationale if a decision is made by a client to not deliver training on health and safety grounds.
- 1.7. This document is designed to summarise issues for the **Different Perspective Training Ltd.** trainer delivering Outdoor Focused Programmes, including, but not limited to Forest School, Bushcraft, Outdoor Skills and Outdoor Leadership Programmes or activities as well as other programmes that include elements these aforementioned training programmes.
- 1.8. It is assumed that all persons engaging with these activities will be susceptible to risks listed here within.
- 1.9. It is assumed that all persons; including passers-by or members of the public not associated with **Different Perspective Training Ltd.**, the client group or site; that come into contact with, or interact with, the training group, course, facilities or equipment will be susceptible to the risks listed here within.
- 1.10. It is assumed that all risks associated with these activities that are listed here within are of a suitable severity to have deemed their special mention.



1.11. All **Different Perspective Training Ltd.** staff delivering qualifications will have undergone appropriate training and hold relevant qualifications for delivering **Different Perspective Training Ltd.** programmes which will be maintained and kept relevant through undergoing personal CPD.

## 2. Risk-Benefit Evaluation

2.1. Risk-Benefit Evaluation for delivering **Different Perspective Training Ltd. (DPT)** Outdoor Focused Programmes.

Significant Hazards	Control measures	Benefit
Communication to and Access for Emergency Services	<b>DPT</b> staff will ensure that they check in at expected times and maintain communication with DPT Office and when working remotely or in areas of poor signal an increased communication plan is put in place. Verify access with client during initial programme planning and trainer to ensure free access on day.	To ensure communication and access should the need arise to instil confidence whilst working remotely.
Site suitability for planned activities	Discuss venue criteria with client during initial programme planning including location and access for group. <b>DPT</b> staff to carry out a thorough site inspection before each session.	Enable successful delivery of programme and ensure all Learning Objectives are met
Toilets and hand washing facilities	Hygiene and comfort are essential for participant wellbeing and preventing site contamination.	Ensure site cleanliness is maintained and reduce case of illness or D&V
Food and drinks preparation area	If suitable areas cannot be identified during initial planning phase, then food preparation and cooking activities should be reviewed, limited or restricted.	Food preparation in the wild is an engaging skill that encourages all aspect of risk empowerment. Maintaining hygiene and cleanliness is essential to this.
Trees, branches, roots and rocky, uneven or broken ground	<b>DPT</b> staff to inspect site, identify and warn participants of deadfall. Ensure that all participants are aware of the need to tread sensibly and cautiously. Participants to be briefed on carrying and moving around safely with tools, sticks or sharp objects. Ensure that all participants are aware of the need to look all around them as they move through the site.	Promoting emotional, mental and physical development through nurturing a knowledge of movement through different environments and the outdoors, the need to concentrate on and engage with their surroundings, be self-aware and support each other. Developing participants own sense of Risk Empowerment and the ability and responsibility to assess risks themselves.
Bodies of Water, Rivers, Sea, Still Water	Dangers of working around water to be highlighted and discussed with participants. Footwear advised before any participant accesses the water. All participants in or near the water to be closely monitored. Appropriate rescue equipment will be on hand at all times participants are in water. A suitably dry sheltered area (where practicable) will be available for all participants upon exiting water. All participants that have been into water are to be monitored and are to get into dry clothing as soon as is practicable upon exiting the water for temperature related illness and issues associated with water ingestion.	Promoting emotional, mental and physical development through fostering a spirit of adventure thrill of being in the outdoors. Water is a hazard that many of the participants will encounter in their daily environment and therefore developing familiarity and understanding of risks associated with water environments is essential. Encouraging the need to concentrate on and engage with their surroundings, be self-aware and support each other. Developing participants own sense of Risk Empowerment and the ability and responsibility to assess risks themselves.
Traffic, cars and members of the public	Where appropriate cordon off area and identify that there is a Controlled Experiential Programme underway.	An understanding of the need to think of the wider picture and not just those wrapped up in the scene/ situation.
Illness or injury	All <b>DPT</b> staff are fully trained to, or beyond, the appropriate recommended level for each programme delivered. All <b>DPT</b> staff will have access to an appropriate first aid kit suitable to the environment and location in which they are working. Where appropriate, anti-bacterial gel, wipes to be made available to prevent cross infection during sessions.	Being able to deal with first aid situations as they arise is essential and enables the safe delivery of <b>DPT</b> programmes in remote and exciting locations.
Weather related issues	<b>DPT</b> staff are to check weather forecast and ensure that participants are suitably dressed for conditions, with appropriate cold and wet weather and clothing, when cold and sun-cream, sunhat and water when hot. Staff to ensure that there is a suitable location for the participants to get dry and stay warm, or keep cool and sheltered from the sun, should the weather demand a cessation of activities. Staff to carry a group shelter suitable for all participants. Staff to monitor wellbeing of participants to prevent the onset of hypothermia or hyperthermia. Staff to ensure that there is access to suitable shelter, warm clothing and sleeping bags for overnight stays, where participants are supplying their own, <b>DPT</b> staff to check suitability and advise if equipment falls short of this.	Enable successful delivery of programme and ensure all Learning Objectives are met and to ensure the wellbeing of participants. Participants will learn how to suitably prepare for all conditions and big an impact environmental conditions can have.
Injury through use/ misuse of small tools; potato peelers, scissors, knives & saws and larger tools; sheaf-knives, billhooks, loppers, bow-saws	<b>DPT</b> staff to brief all participants on safe tool use and handling and to ensure the guidelines are understood and followed. <b>DPT</b> staff to re-enforce safety brief and oversee all small tool usage. <b>DPT</b> staff to oversee all small tool usage to a suitable ratio, dependent upon participants experience and attitude. When using tools, appropriate PPE should be worn according to staff assessment of risk, participants, tools and activity.	Supporting communication skills, listening, understanding and learning new vocabulary. Hand-eye coordination, learning new skills. Building confidence through usage of different tools. Development of fine motor skills, control and dexterity.

<p>Bite, stings, rashes, scratches, reactions and poisoning</p>	<p>Warn participants of contact with certain animals, plants and fungi, identifying anything on site of particular concern. If working in an area prone to Lyme Disease, ensure that participants are briefed on this, on how to spot signs and symptoms of this and that they know to seek further medical care should they display any of these signs and symptoms. Ensure that the participants are briefed to not put their fingers, or anything they find in their mouths. Where reasonable choose location that avoids poisonous plants and wildlife, clearing a suitable area where appropriate and necessary. Candidates are to wear gloves and long trousers and closed footwear when appropriate, during activities. During Tracking activities, participants warned not to touch any animal droppings, sign or track. Make sure that there is access to suitable hand washing facilities, antibacterial hand gel and repellent.</p>	<p>Opportunity to investigate different animals and plants, whilst promoting identification of different plants and animals. Encourage a positive approach to wildlife and the natural environment, rather than being frightened of it. Promote safer understanding between plants growing in the wild and those bought in the supermarket. Promoting a knowledge of movement through different environments and the outdoors, the need to concentrate on and engage with their surroundings, be self-aware and support each other. Developing participants own sense of Risk Empowerment and the ability and responsibility to assess risks themselves.</p>
<p>Burns, scalds through fire lighting and cooking.</p>	<p><b>DPT</b> staff to brief all participants on fire safety and boundaries, fire circle. <b>DPT</b> staff to ensure the safety guidelines are understood and followed. Good Fire administration is essential at all times, ensuring a bucket of water is always on hand and that sufficient fuel is collected before fires are lit. Safety gloves to be used as appropriate. Clearly identified seating area for participants, to encourage minimal movement around area. Handling and cooking of hot food or drink is to be supervised to avoid splashing, sloshing and eating of food that is too hot.</p>	<p>Learn about fire safety and to appreciate the need for caution and care around a fire. Risk empowerment through understanding the risk of fires and the hazard that they pose. Learn about the triangle of fire and therefore how to control or prevent fires from spreading/ starting. Group work to trust each other, building trusting relationships and self-confidence. Outdoor empowerment through new and engaging opportunities. Food awareness and food hygiene Supports food tech and science understanding nutrients and the need for sustaining a balanced sustainable diet. Supports mathematical and scientific development through sizes, sorting and the understanding of energy.</p>
<p>Allergies or existing medical conditions and exacerbation of injuries</p>	<p>Ensure all <b>DPT</b> staff are fully briefed of medical needs of, treatment for, and location of medicines for all participants. <b>DPT</b> staff are to ask at the start of the course for participants to let them know whether there are any pre-existing injuries, complaints or medical conditions, that were not mentioned at time of booking, that might affect the complete engagement in this Programme. Ensure that there are seating and kneeling pads available for working directly on the ground Ensure that proper and appropriate lifting and rolling techniques are used.</p>	<p>Promote knowledge and independence in identifying and avoiding food allergens. Understanding of participants own strengths and weaknesses and opportunities for their own understanding and development of coping strategies.</p>
<p>Lost or missing participants</p>	<p>Ensure that all participants are aware of boundaries and the surrounding areas. Operate a buddy system to ensure that each person is looking out for and being looked after another participant, staff and students alike. Regular headcounts and ensure that all are present and listening during safety briefings.</p>	<p>Participants to realise the importance of caring for each other, not leaving group responsibilities solely to the leader, working as a team and following established boundaries. Building relationships, trust and rapport.</p>
<p>Inappropriate or unsafe behaviour that endangers other participants</p>	<p>All candidates are committed to the programme in which they are engaged and understand the implications of intolerable or dangerous behaviour. Behavioural expectations are to be outlined at the start of each session</p>	<p>Each programme is specifically tailored to provide the best opportunities for the participants to meet the Learning Outcomes. Promote the importance of working together for the betterment of the whole group rather than individual goals and desires.</p>

### 3. Continual improvement

- 3.3. This is a dynamic document subject to constant upgrade by **Different Perspective Training Ltd.**
- 3.4. Whenever a trainer discovers or is made aware of a new hazard this should be forwarded to **Different Perspective Training Ltd.**
- 3.5. This policy will be reviewed annually for each qualification however if any urgent issues arise it will be updated as required.
- 3.6. Relevant training and updates will be offered to trainers and staff consistent with **Different Perspective Training Ltd.** quality assurance procedures.

