



Different Perspective Training Ltd.

Pragmatic First Aid & Outdoor Safety Training

Workplace First Aid Training Programmes

- Regulated & Accredited by OfQual and the SQA.
- Including:
 - First Aid at Work (18hr)
 - Emergency First Aid at Work (6hr)
 - Basic Life Support and Safe Use of an AED (4hr)
 - First Aid for Schools & Colleges (12hr & 6hr)
 - Paediatric First Aid (12hr & 6hr)

An Introduction

Who are we & what do we do?

At Different Perspective Training Ltd. we specialise in delivering engaging and memorable First Aid, Mental Health and Outdoor Safety Training. Our flexible training programmes are always tailored to meet your needs and those of your workplace. We can support your staff by delivering bespoke training at your site, focussing on your specific working environment, or your staff can join our Public Training Courses that are open to all.



Our company roots have been forged in developmental pedagogy, with over 20 years' educational experience in teaching, outdoor education, and expedition leadership. Encouraging people to challenge themselves and learn is our passion. This long history in education and training has given us a firm belief in what we do, how we do it, and is centred on the core principle that support and care of others should not just be a responsibility within workplace or whilst working, but beyond it, in every walk of life. This is what we mean when we say, "Our training is proudly delivered *For Your Workplace and Life Beyond It*".

Our Training & Consultation Programmes

- **First Aid Training:** the practical skills needed for schools, the workplace or those heading outdoors, embedding concepts into actions for better understanding and recall when it really matters.
- **First Aid for Mental Health:** empowering delegates to support those in crisis as well as those seeking guidance or advice.
- **Off Site Risk Management & Policy Consultation:** the legalities behind working off-site, turning the complicated hoops into simple steps.
- **Occupational Water Safety Training:** designed in line with the requirements of industry to ensure organisations meet their statutory obligations to keep staff operating in, on or around water safe.

Workplace First Aid Training Course Outlines

Different Perspective Training Ltd offer a unique range of First Aid Training Programmes for your organisation. At every opportunity each course is tailored to meet your needs your first aid needs creating a truly bespoke training programme for your employees. In 2013 the HSE handed over governance of first aid provision to OfQual and the onus of training programme selection to the employer. This has subsequently freed employers from the strictures of the traditional HSE Workplace First Aid Courses, allowing you to select which course is most suitable for your workplace and working environment.

This suite of Workplace First Aid courses are designed to provide essential life-saving skills. Typical delivery methods are predominantly practical, and the course is assessed by continual observation of candidate performance. Each course looks at the following topics, to varying depth dependent upon level of qualification; roles & responsibilities, assessing incidents, dealing with collapse (with and without breathing), choking, bleeding, shock, seizures, minor workplace incidents, using first aid kit.

Aims

- To develop knowledge and understanding of First Aid and Emergency Response Procedures.
- To empower delegates with the confidence to assess and react to an incident within their training.
- To develop skills that are relevant to their workplace and which can be adapted to meet different circumstances and environments.
- To encourage further study and promote the value of continuing professional development.



4hr Basic Life Support & Automated External Defibrillator Training (BLS&AED)

Target Group: People wanting to know how to use an AED and help someone in need, as well as staff or employees with other trained First Aiders on site, GPs & Medical Professionals maintaining the annual professional standards.

Prior Learning: None

Description: The qualification covers the steps needed to provide support a casualty suffering from a cardiac emergency requiring CPR and the use of an AED.



6hr Emergency First Aid at Work (EFAW)

Target Group: Employees working within a small office environment.

Prior Learning: None

Description: The qualification introduces emergency life support skills in the context of a work setting. The skills and knowledge will be taught with the workplace context in mind and should provide plenty of opportunity for skills development, straightforward practice and application of appropriate procedures. This qualification satisfies the statutory HSE obligations of the employer for smaller and low risk workplaces.

18hr First Aid at Work (FAW)

Target Group: Employees working with a larger office-based organisation

Prior Learning: None

Description: This qualification indicates an individual can undertake the role of First Aider in the Workplace that may have been identified by a workplace risk assessment and can be relied upon by employers to satisfy the due diligence requirements of the HSE for FAW training providers. The qualification will benefit all who need to be introduced to emergency first aid in the workplace and those who require requalification training in emergency first aid in the workplace. Successful completion of the course will result in knowledge and skills that have been



identified by the HSE for the safe, effective and prompt treatment of injuries and illness in the workplace.

The qualification introduces emergency life support skills in the context of a work setting as well as managing injury and illness in the workplace. The skills and knowledge will be taught with the workplace context in mind and should provide plenty of opportunity for skills development, straightforward practice and application of appropriate procedures. This qualification satisfies the statutory HSE obligations of the employer. Specific content includes; major illnesses, common and serious workplace injuries, poisoning, anaphylactic shock, burns treatment and eye injuries.

+2hr Forestry First Aid (+F)

Target Group: Forestry workers or those working outdoors within the agricultural industry

Prior Learning: None

Description: Both the EFAW and FAW courses can have a 2hr supplementary module to cover working in wooded environments with heavy machinery and agricultural or forestry tools and equipment. This element transforms an often-indoor focussed training course into a programme with a more interactive outdoor focus. Studying catastrophic haemorrhage, environmental impacts such as hypothermia and illnesses such as Lyme disease.



12hr First Aid for Schools & Colleges (FASC)

Target Group: Staff working in schools or colleges but not with early years children (EYFS 0-5).

Prior Learning: None

Description: Many schools and Colleges have chosen in the past to have their staff undertaking First Aid at Work training expecting it to cover their staff and the students, but FAW has not covered children. In 2022, when the Department for Education published their guidance document "First aid in schools, early years and further education", it suggested a need for "additional training in paediatric first aid". Contrary to some interpretations, the DfE have confirmed to ITC that this does not mean a PFA qualification except for the statutory requirement for Early Years settings, but an encouragement to be trained in amongst other issues, child resuscitation protocols, which were increased in age range to 18 in the 2021 Resuscitation Council update.

The new qualifications have taken the appropriate content from both FAW and PFA to produce a two-day, 12-hour course appropriate to the school/college context, whether this is for on-site activities inside the buildings, or outside on the playground, on the playing fields, in the sport hall, or out on educational visits.

NB These new qualifications do NOT replace E/PFA, there is still a legal requirement for settings with Early Years children (0 - 5-year-olds) to have E/PFA. Those looking after older children, KS1, KS2, secondary school, college do not legally need E/PFA. First Aid for Schools and Colleges is most useful for junior schools (as opposed to primary), middle schools, secondary schools and Post-16 settings. (ITCFirst.co.uk)

Specific content includes: role and responsibilities of first aiders in schools and colleges; dealing with unresponsive adult and child casualties (both breathing and non-breathing); seizures; choking; blood loss; limb, spine, head and chest injuries; burns and scalds; eye, ear and nose issues; poisoning; anaphylaxis; major illness; cold and heat problems and minor injuries.



6hr Emergency First Aid for Schools & Colleges (EFASC)

Target Group: Staff working in schools or colleges but not with early years children (EYFS 0-5).

Prior Learning: None

Description: The Department for Education guidance document First Aid in Schools, Early Years and Further Education, clearly states the statutory need to provide first aid for employees under the Health and Safety (First Aid) Regulations 1981. This guidance document also strongly recommends that provision is also made for non-employees such as pupils, students and visitors. The ITC Level 3 Award in Emergency First Aid for School and Colleges (EFASch) helps educational establishments meet their need for provision of first aid training for their staff. Unlike First Aid at Work, which does not include paediatric first aid, this qualification covers both adults and children, including resuscitation procedures for children up to 18. This qualification meets current (2022) guidance from the DfE following the 2021 Resuscitation Council update, which, among other things, increased the child resuscitation protocols in age range to 18.

Specific content includes: role and responsibilities of first aiders in schools and colleges; dealing with unresponsive adult and child casualties (both breathing and non-breathing); seizures; choking; blood loss.



Bespoke First Aid for Teachers

Target Group: Staff working with and caring for young people in or beyond an educational setting where there is the support of First Aid staff trained to a higher level.

Prior Learning: None

Description: This course has been specifically designed to include all the common illnesses and injuries facing young people today and therefore includes Asthma, Anaphylaxis, diabetes and epilepsy.

6hr Emergency Paediatric First Aid (EPFA)

Target Group: Staff working with young people in the Early Years Foundation Stage setting.

Prior Learning: None

Description: This qualification indicates an individual can undertake the role of first aider in a position that has responsibility of caring for infants and children. It may also have been identified as necessary by a workplace risk assessment. The qualification will benefit all who spend time in the early years environment and with prepuberty children. Specific content includes; planning for and dealing with first aid emergencies involving babies and children including, CPR, shock, anaphylactic shock, bleeding, choking, seizures.

12hr Paediatric First Aid (PFA)

Target Group: Staff working with young people in the Early Years Foundation Stage setting.

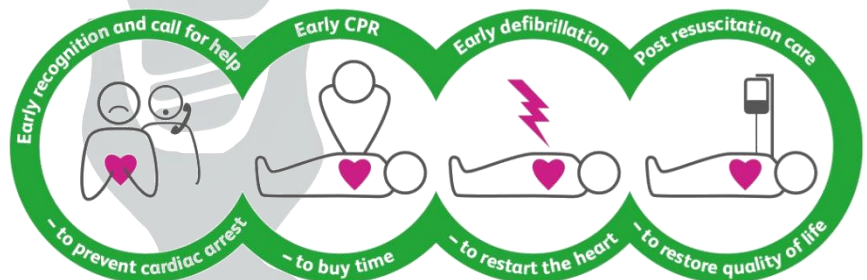
Prior Learning: None

Description: This qualification indicates an individual can undertake the role of Paediatric First Aider in a role that has responsibility for the welfare of infants and children. The qualification introduces the techniques, skills and decisions that will be needed by the childcare practitioner in the British Isles. The skills and knowledge will be taught in a realistic childcare context. The award has been designed to fulfil the need for effective paediatric first aid training set out in The Early Years Foundation Stage Guidance. It may also have been identified as necessary by a workplace risk assessment. Specific content includes; planning for and dealing with first aid emergencies involving babies and children including, CPR, shock, anaphylactic shock, electric shock, bleeding, burns and scalds, choking, suspected fractures, head, neck and back injuries, poisoning, foreign bodies in eyes, ears and noses, eye injuries, bites and stings, effects of extreme heat and cold, febrile convulsions, chronic medical conditions, including epilepsy, asthma, diabetes, meningitis and other serious sudden illness.



Cost

These courses can be delivered as either Public Courses (open to members of the public) or as Bespoke Courses (delivered to a specific client group with content tailored to participant needs).



Open/ Public Courses: 1-day courses £105pp, 2-day courses £155pp, 3-day courses £225pp & includes certification and manual. See www.DPTrainingUK.com/training-events for upcoming course dates and venues.

Bespoke/ Private Courses: Our costs are established at a base rate of **£525/day** or **£75/hr + £25 set-up**.

- This cost includes certification, manual & PPE for 12 delegates. Further certification, for multiple short courses delivered in any single day or dual certification is costed at £25/ certificate.
- This cost does not include any foreseeable and reasonable expenses, such as venue hire or accommodation, always agreed in advance.

Please do get in touch to discuss these options further.



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