

Different Perspective Training Ltd.

Pragmatic First Aid & Outdoor Safety Training

Aquatic Safety Qualification 1 & 2-day courses





An Introduction

Who are we & what do we do?

At Different Perspective Training Ltd. we specialise in delivering engaging and memorable First Aid, Mental Health and Outdoor Safety Training. Our flexible training programmes are always tailored to meet your needs and those of your workplace. We can support your staff by delivering bespoke training at your site, focussing on your specific working environment, or your staff can join our Public Training Courses that are open to all.



Our company roots have been forged in developmental pedagogy, with over 20 years' educational experience in teaching, outdoor education, and expedition leadership. Encouraging people to challenge themselves and learn is our passion. This long history in education and training has given us a firm belief in what we do, how we do it, and is centred on the core principle that support and care of others should not just be a responsibility within workplace or whilst working, but beyond it, in every walk of life. This is what we mean when we say, "Our training is proudly delivered *For Your Workplace and Life Beyond It*".

Our Training & Consultation Programmes

- **First Aid Training:** the practical skills needed for schools, the workplace or those heading outdoors, embedding concepts into actions for better understanding and recall when it really matters.
- **First Aid for Mental Health:** empowering delegates to support those in crisis as well as those seeking guidance or advice.
- **Off Site Risk Management & Policy Consultation:** the legalities behind working off-site, turning the complicated hoops into simple steps.
- **Occupational Water Safety Training:** designed in line with the requirements of industry to ensure organisations meet their statutory obligations to keep staff operating in, on or around water safe.

Aquatic Safety Qualification

Different Perspective Training Ltd offer a unique range of Pragmatic Training Programmes for your organisation. At every opportunity each course is tailored to meet your needs your needs creating a truly bespoke training programme for your employees. This vocational Aquatic Safety Qualification is structured to comply with the requirements of industry and support organisations to meet their statutory obligations.

Aims

- To develop knowledge and understanding Water Safety and the risks associated with different water environments.
- To empower delegates with the confidence to assess and react to an incident within their training.
- To develop skills that are relevant to their workplace, and which can be adapted to meet different circumstances and environments.
- To encourage further study and promote the value of continuing professional development.



This occupational water safety training course will develop confidence and competence, enabling staff to make informed decisions when conducting waterside activities. The course is divided into three different levels, each with different modules enabling a truly tailored training experience.

The **Level 1** core module, Aquatic Safety Principles, provides the underpinning knowledge for good water safety management practices and primary emergency rescue skills. This is a 4hr course.



Level 2 comprises of a suite of environment specific modules, including Beach, Inland Water and Flood (DEFRA compliant), that build on the foundations developed in Level 1. The modules focus upon environmental knowledge, activity hazards and the use of specialist equipment. Each Level 2 module is 3hrs in length.

Level 3 consists of a series of high-level deep-water rescue modules that equips workers and leaders with supervision and in-water rescue skills, to be able to risk assess the environment and perform emergency water rescue intervention. Each Level 3 module is 3 hrs in length.

Specialist modules include:

- Deep Water Rescue – emergency response and casualty management.
- Aquaparks - supervising aquaparks.
- Open Water Swimming - supervising organised open water swim sessions.
- Pool Supervision - supervising organised activities in a swimming pool.
- Maritime/Offshore Management training of water safety staff.

Level 1 – Aquatic Safety Principles (4hrs)

Introduction: The Level 1 core module, Aquatic Safety Principles, provides the underpinning knowledge for good water safety management practices and primary emergency rescue skills. Additional Level 1 modules include Aquatic Risk Management and Aquatic Rescue Equipment, which includes personal floatation devices, personal protective and rescue equipment. This module is aimed at both lone workers and activity group leaders operating around the water margins. Candidates will not enter the water at this level.

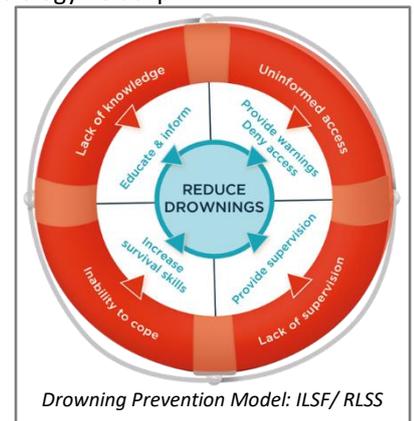
Prior Learning: None

Target Group:

- Teacher’s taking a school group around the water margins on a geography or biology fieldtrip.
- Dock workers operating around the lock gates.
- Rangers managing country parks with water environments.
- Security staff working around water.

Content & Learning Outcomes:

- Understand the drowning process and risk factors for drowning.
- Identify open water hazards.
- Understand key legal requirements and duty of care.
- Apply risk management principles.
- Explain primary management procedures and emergency action plans.
- Explain the Principles of Rescue.
- Demonstrate practical land-based rescue skills.



Level 2 – Environment Specific Modules (3hrs each)

Introduction: Level 2 suite of modules build on Level 1 focussing on specific environments, their unique risks and activity hazards, as well as the use of specialist equipment. Level 2 modules can be entirely land based but can also provide the opportunity to engage in low level water-based rescues.

Prior Learning: ASQ Level 1



Target Group:

- Construction, rail and civil engineers and ground staff.
- Local Authority Officers supporting flood rescue operations.
- Rangers running a rock pooling or pond dipping exercise.
- Outdoor education providers and expedition leaders operating near water.
- Environmental scientists.
- Health and safety officers who come into contact with water environments.

Level 2 Modules:

- Beach management of beach environment hazards.
- Inland Waters management of both moving and still water hazards.
- Flood Management meets the DEFRA Water Safety Module 1 standard.

Core Content & Learning Outcomes:

- Identify, assess, and manage Open Water risks.
- Complete Open Water Risk Assessments
- Explain Open Water Safety Management practices.



- Develop skills to make informed water safety decisions when operating around the water margins.
- Demonstrate practical water-based rescue techniques.

Level 3 – In-Water Rescue Modules (3hrs each)

Introduction: Level 3 award consists of a series of different high-level deep-water rescue modules designed to meet your operating environment. These modules cover risk management, supervision and in-water rescue skills, equipping workers and leaders to be able to risk assess the environment and perform emergency water rescue intervention.

Prior Learning: ASQ Level 1 & one Level 2 module

Target Group:

- Civil Engineers working on bridge structures.
- Canal operators.
- Expedition leaders.
- Water activity supervisors and practitioners.

Level 3 Modules:

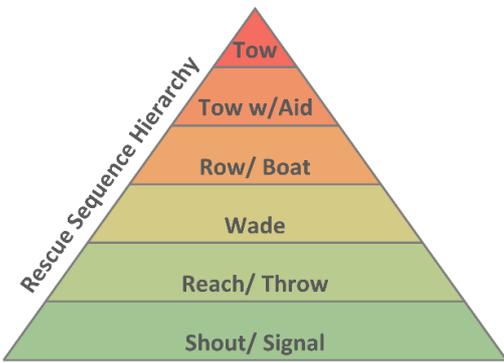
- Deep Water Rescue emergency deep water rescue.
- Open Water Swimming supervising organised open water swim sessions.
- Pool Supervision supervising organised activities in a swimming pool.
- Aquaparks supervising aquaparks.
- Maritime/Offshore Management training of water safety staff.



SUP Rescue, Conscious Casualty: Atlantic Crest

Core Content & Learning Outcomes:

- Identify the hazards and risk associated with certain bodies of water and deep-water activity.
- Explain the risk management and operational/emergency plans for open water activity.
- Discuss supervisory arrangements for individual environmental and activity specific modules.
- Demonstrate deep-water rescue of both conscious and unconscious casualties.
- Demonstrate practical rescue techniques and deep-water spinal management.



Cost

These courses can be delivered as either Open Courses (open to members of the public) or as Bespoke Courses (delivered to a specific client group with content tailored to participant needs).

Open/ Public Courses:

- 1-day Course, Level 1 & 2, **£105pp**, includes certification.
- 2-day course, Level 1-3, **£175pp**, includes certification
- See www.DPTrainingUK.com/training-events for upcoming course dates and venues.

Bespoke/ Private Courses: Our costs are established at a base rate of **£525/day** or **£75/hr + £25 set-up**.

- This cost includes certification, for 12 delegates.
- This cost does not include any foreseeable and reasonable expenses, such as venue hire or accommodation, agreed in advance.

Please do get in touch to discuss these options further.



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